



Elem. Lunch Menu

Franklin Twp.
School District

DAILY ALTERNATES:
Cheese Sandwich 
Sun Butter & Jelly Sandwich



Choose 1 Entrée.

Lunch Includes:

Protein ~ Grain ~ Fruit ~ Veggie ~ Milk
Choose at least 3 out of 5 components including a fruit or veggie. You may take 2 fruits & 2 veggies.

All salads come with a grain.

Daily Fruit offerings include: Fresh, Cupped & 100% Juice

Monday-October 2	Tuesday-October 3	Wednesday-October 4	Thursday-October 5	Friday-October 6
Fish Sticks w/ Tartar Sauce Pizza Maker Craveable <u>Sides:</u> Wedge Potatoes Assorted Fruit & Juice	Twin Tacos w/Let, Cheese & Salsa Bagel & Yogurt Lunch <u>Sides:</u> Rice & Beans Assorted Fruit & Juice	Pizza Crunchers W/Pasta side Grilled Cheese Sandwich <u>Sides:</u> Broccoli Assorted Fruit & Juice	Popcorn Chicken w/Corn Muffin Chef Salad <u>Sides:</u> Sweet Potatoes Assorted Fruit & Juice	Big Daddy's Pizza By the Slice Ham & Cheese Sandwich <u>Sides:</u> Caesar Salad Side Assorted Fruit & Juice
Monday-October 9	Tuesday-October 10	Wednesday-October 11	Thursday-October 12	Friday-October 13
 Columbus Day	Sausage, Egg & Cheese Pancakes Sandwich Bagel & Yogurt Lunch <u>Sides:</u> Glazed Carrots Assorted Fruit & Juice	Beef A Roni w/Garlic Bread Grilled Cheese Sandwich <u>Sides:</u> Green Peas Assorted Fruit & Juice	Chicken Fingers w/Biscuit Taco Salad <u>Sides:</u> Southwest Baked Beans Assorted Fruit & Juice	Cheesy Pizza By the Slice Ham & Cheese Sandwich <u>Sides:</u> Garden Salad Side Assorted Fruit & Juice
Monday-October 16	Tuesday-October 17	Wednesday-October 18	Thursday-October 19	Friday-October 20
Cheesy Mac & Cheese Pizza Maker Craveable <u>Sides:</u> Broccoli Assorted Fruit & Juice	Meatball Parm Sandwich Bagel & Yogurt Lunch <u>Sides:</u> Chickpea Salad Assorted Fruit & Juice	BBQ Pulled Pork On a Bun Grilled Cheese Sandwich <u>Sides:</u> Carrots Assorted Fruit & Juice	Chicken Nuggets w/Goldfish Garden Salad w/Egg <u>Sides:</u> Super sweet Corn Assorted Fruit & Juice	Plain/Pepperoni Pizza By the Slice Ham & Cheese Sandwich <u>Sides:</u> Caesar Salad Side Assorted Fruit & Juice
Monday-October 23	Tuesday-October 24	Wednesday-October 25	Thursday-October 26	Friday-October 27
Ham & Egg & Cheese On a Bagel Pizza Maker Craveable <u>Sides:</u> Vegetable of the Day Assorted Fruit & Juice	Sloppy Joe On a WW Bun Bagel & Yogurt Lunch <u>Sides:</u> Super Sweet Peas Assorted Fruit & Juice	Hot Dog On a Bun Grilled Cheese Sandwich <u>Sides:</u> Baked Beans Assorted Fruit & Juice	Chicken Patty On A Bun Turkey Club Salad <u>Sides:</u> Sweet Potato Fries Assorted Fruit & Juice	Cheesy Pizza By the Slice Ham & Cheese Sandwich <u>Sides:</u> Garden Salad Side Assorted Fruit & Juice
Monday-October 30	Tuesday-October 31	Wednesday	Thursday	Friday
Rib A Que Sandwich Pizza Maker Craveable <u>Sides:</u> Sweet Potatoes Assorted Fruit & Juice	1/2 Day NO Lunch Served 	Meal Prices: Paid -\$3.50 Free & Reduced - Free Milk - \$.60	CAFÉ CONTACT INFO: Lisa Dabkowski (Food Service Director) FTS@nsfm.com Phone: 856-629-0431 ext 1105 Milk: Skim Chocolate, 1% White *Menu subject to change. This institution is an equal opportunity provider.	

 = Vegetarian Ingredients  = Gluten-Free Ingredients